

THE RUTHERFORD Report

THE NEWSLETTER OF SECOND DISTRICT SUPERVISOR JANICE RUTHERFORD

Sept. 2012



Volunteer Yunya Dunn, 83, of Rancho Cucamonga serves meals to fellow seniors at the Central Park Community Center in Rancho Cucamonga. The meals are provided through funding from the County Department of Aging and Adult Services.

To be seventy years young
is sometimes far more
cheerful and hopeful than
to be forty years old.

— Oliver Wendell Holmes

Nutrition Program Focuses on Seniors

Last year, the San Bernardino County Department of Aging and Adult Services Senior Nutrition Program facilitated the distribution of more than 760,000 nutritious meals to thousands of seniors throughout the County.

“What we are finding is that for a lot of seniors, this is their only hot meal of the day, and there are some for whom this is their only meal of the day,” said Leslie Dunn, a staff analyst in the Department of Aging and Adult Services.

Federal legislation known as the Older Americans Act of 1965 provides the funding that counties use for senior nutrition programs.

Some small counties operate their own kitchens and provide meals directly to seniors, but most, including San Bernardino County, partner with nonprofit organizations such as the Crest Forest Senior Citizen’s Club, the Oldtimers Foundation, and others to offer meals to seniors.

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Mt. Baldy Teen Aims High for Volunteerism



In order to graduate from International Polytechnic High School in Pomona, 16-year-old Mt. Baldy resident Jackie Boyd has to do more than simply get passing grades in all of her core academic subjects.

She has to volunteer.

In fact, Jackie—who will begin her junior year at the high school in September—has to put in 200 hours of community service to get her diploma, but that’s OK. She’s already surpassed that number and is

aiming to rack up 500 hours of volunteer time before she graduates in 2014.

“I think the volunteer requirement is a good thing because it gives you the opportunity to see what the real world is like,” Jackie said.

When Jackie was a freshman at iPoly, she started searching for places to volunteer in her mountain community.

She found her first one at the Mt. Baldy Visitor Center operated by the U.S. Forest Service.

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“Most of them are local to the areas they serve, so they already have a relationship in place with the seniors,” Dunn said.

Federal funds are not meant to be the sole source of support, so the County encourages its nonprofit partners to hold fundraisers, seek grants, and develop partnerships with other community groups to supplement government funding, which has waned over the past several years. Donations are encouraged and gratefully accepted at senior nutrition sites throughout the County.

Senior meals are provided at congregate sites, such as the Gibson Senior Center in Upland and the George White Senior Center in Fontana, where seniors can mingle with old and new friends. That social interaction is a vital part of the program.

Nonprofits operating congregate meals sites also offer programs to educate seniors about important issues such as nutrition, health care, and scams that target seniors.

The County also offers home-delivered meals—a.k.a. Meals on Wheels—to seniors who are unable to make it to a group site because of illness or physical disabilities.

Nonprofit representatives who deliver those meals usually spend time visiting with homebound seniors to help lift their spirits and to determine if they have any urgent, unmet needs.

Homebound senior pet owners face the additional challenge of ensuring their beloved animals are fed as well. In dire circumstances, pet-owning seniors will share their home-delivered meal with their pets. To help address pet hunger, Banfield Charitable Trust regularly donates dog and cat food to the homebound senior nutrition program to be delivered along with senior meals.

This, in turn, ensures that homebound seniors who own pets can enjoy their full meal while their dog or cat gets a full meal, too.

Seniors can learn more about the Senior Nutrition Program and other County programs for seniors by calling the Aging and Adult Services hotline toll-free at (800) 510- 2020.

Information is also posted on the agency’s website at <http://hss.sbcounty.gov/daas>.

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They put her to work cleaning classrooms and critters’ cages. She also got to work with some of the younger students who came up to the mountains on class field trips.

“Some of the kids have never been to the mountains before, and they don’t know what’s up here,” she said. “Then they get up here, and they are fascinated.”

Later on, Jackie landed a volunteer position with the Mt. Baldy Jr. Ski Patrol, which required her to take CPR and First Aid training. Among other tasks, Jackie helped summon aid for injured skiers, removed debris from runs, and helped ensure signs remained upright.

“It was a lot of fun,” Jackie said.

Jackie also found volunteer opportunities at Mt. Baldy School and Mt. Baldy Church. She helped teachers with paperwork at the school, and she worked with young children during the church’s vacation Bible schools.

Jackie said she’s glad her high school requires students to volunteer in addition to their academic work.

“I’ve gotten to know a lot of good people and learn a lot about the actual world and how you interact with other people,” Jackie said.

Breakfast with your Supervisor

September 21, 2012

7:30 am

Las Cazuelitas Restaurant

134 N. 2nd Ave. Ste. K, Upland

RSVP (909) 948-5037

Cost \$12 per person



Castlebrook Barns Found Home in Fontana

Spencer Graffam got a rough start with his business, Castlebrook Barns.

The horse barn manufacturing company opened in 1998 in Chino, but it burned to the ground within about a year of opening.

“I wasn’t going to admit defeat there,” Graffam said. “I had 25 employees who depended on me to feed their families and customers that we still needed to service.”

Graffam began searching for a new location. He found a building on Whittram Avenue in unincorporated Fontana that would work, so he rented the facility and began anew.

A couple of years later, Castlebrook Barns was beginning to hit its stride, and Graffam decided it was time to build a new facility designed specifically for his barn-making business. Luckily, he found a location nearby so he could keep an eye on the construction and reduce the cost of moving the business’s massive equipment.

Today, Castlebrook Barns sells horse barns as well as enclosures for other animals such as lions, tigers, bears, llamas, and giraffes around the globe.

Graffam said the company has developed a solid reputation for quality and product longevity.

“We want you to buy a barn from us once and, from then on, for us to have a good customer service relationship,” he said.

Castlebrook Barns products are far too large to ship intact, so they arrive at their final destination in pieces.

“It’s like a giant Erector Set,” Graffam said. “Every piece is pre-cut and pre-drilled, and, in the end, you get something that is very, very permanent.”



Castlebrook Barns relocated to Fontana after a fire completed destroyed the original location in Chino in 1998. The new facility is located on Whittram Avenue.

Customers can request installers from the company, but most choose to erect their own barns out of the kit pieces shipped.

“If they run into a road block, our customer service is here to help,” he said.

Graffam, who lives in Rancho Cucamonga, said the location of his business gives him an advantage when it comes to ordering materials and shipping products internationally.

“I’ve got the 15, the 10, and the 210 freeways all surrounding me,” he said.

For more information about Castlebrook Barns, visit the company’s website at www.castlebrookbarns.com.

2nd District Trivia

Last Issue’s Answer: I-10 has many nicknames, but last month’s trivia question was looking for a specific moniker—the Christopher Columbus Transcontinental Highway.

Question: What is the name of the small airstrip that later became part of Ontario International Airport?

Contact Information

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Upcoming Events

September 8, 2012	The Rancho Cucamonga Animal Center will host volunteer orientation from 2:30 to 5:30 p.m. at Lions Center West located at 9161 Base Line Road. Call (909) 466-7387 to RSVP.
September 8, 2012	The mountain community of Running Spring hosts a farmer's market and artisan faire from 9 a.m. to 1 p.m. on Saturdays near 2677 Whispering Pines Drive.
September 10, 2012	Unravelled—a knitting club—meets at the Crestline Library from 1:30 to 4 p.m. every Monday. The library is located at 24105 Lake Gregory Drive across from Lake Gregory Regional Park.
September 11, 2012	The San Bernardino County Board of Supervisors will meet at 10 a.m. at the County Government Center located at 385 N. Arrowhead Avenue in San Bernardino.
September 12, 2012	The Crestline Library hosts free Yoga classes from noon to 1 p.m. on Mondays and Wednesdays. Come stretch out your tensions at the library overlooking Lake Gregory. The library is located at 24105 Lake Gregory Drive.
September 13, 2012	Join the Lewis Library for a free performance of "Colonies to Country" presented by Love Oakes Educational Theater in the Steel Workers Auditorium. The show begins at 6 p.m.
September 15, 2012	The Auto Club Speedway in Fontana will host the Indycar World Championship. Gates open at 7 a.m.
September 15, 2012	The Fontana Farmers Market will take place from 8 a.m. to noon in the Center Stage parking lot near the Lewis Library in downtown Fontana.
September 15, 2012	The Upland Farmers Market will take place from 9 a.m. to 2 p.m. at 460 N. Euclid Avenue.
September 17, 2012	The Lewis Library in Fontana will celebrate Constitution Day with a variety of events, including a scavenger hunt, crafts, and a movie. The fun starts at 4 p.m.
September 18, 2012	The Lewis Library in Fontana will host a free Social Security workshop at 2 p.m. in the computer area. During the workshop, participants will learn about the various resource available on the Social Security Administration Website. The class is taught by representatives from the Social Security Administration.
September 18, 2012	The Rancho Cucamonga Fire Department will host a CRP course from 6 to 10 p.m. at Fire Station 173 located at 12158 Base Line Road. The cost is \$60. Call (909) 477-2765
September 22, 2012	The City of Upland will host the 10th annual Inside Upland Family Fun Day. The event spotlights various businesses and organizations in the city. The event will be held at Memorial Park, 1100 E. Foothill Boulevard.
September 23, 2012	Our Lady of the Lake Catholic Church in Lake Arrowhead will host a performance by the Riverside Symphony Orchestra. General admission is \$25; preferred seating costs \$40. Students get in free with a paying adult. Call (909) 337-4296 for more information.
September 25, 2012	The San Bernardino County Board of Supervisors will meet at 10 a.m. at the County Government Center located at 385 N. Arrowhead Avenue in San Bernardino.
September 28, 2012	The Central Park Community Center in Rancho Cucamonga will host a free Senior Health Fair and Flu Shot Clinic from 9 a.m. to 1 p.m. The event includes a free lunch.
September 29, 2012	The City of Upland will host a "Drug Take Back Day" so residents can dispose of their unneeded medications. The event will be held from 10 a.m. to 2 p.m. at the Upland Police Department, 1499 W. 13th Street.
September 29, 2012	Fontana will host a car show from 3 to 5 p.m. on the last Saturday of every month until October. This free event features tons of classic and custom cars. It is located at City Hall, 8353 Sierra Avenue. For more information call (909) 349-6900.

Dates and times are subject to change without notice. Please contact Supervisor Rutherford's office at (909) 387-4833 if you have any questions or suggestions for the Events Calendar. You can view information about more local events on Supervisor Rutherford's home page at www.sbcounty.gov/rutherford.